

Simple
Foods
COOKING

Organic Frosting Mix



INGREDIENTS:

Organic Powdered cane sugar,
organic erythritol, organic tapioca
flour, organic stevia, xanthan gum,
himalayan pink salt

Made on equipment that also produces
nut products.

Nutrition Facts

About 36 servings per container

Serving size 1 Tbsp (19g)

Amount Per Serving

Calories 30

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 10g 4%

Dietary Fiber 0g 0%

Total Sugars 7g

Includes 7g Added Sugars 14%

Sugar Alcohol 2g

Protein 0g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Package Weight:
24 oz. (680g)



PANCAKE *Mix*

15.9 OUNCE

Ingredients:

Brown rice flour, blanched almond flour, organic coconut flour, organic tapioca flour, organic erythritol, xylitol, organic stevia, xanthan gum, pink Himalayan salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, comstarch monocalcium phosphate)

Pancake Wrap

1 1/3 cup Pancake mix
2 TBSP oil

2 eggs
3/4 cup milk

1. Mix until well blended

Filling:

Scrambled eggs
Fried hash browns
Fried sausage

Sautéed onions and peppers
Cheddar cheese

1. Pour batter into greased skillet, shake skillet to thin as desired
2. Cook on low for 1-2 minutes on each side
3. Assemble filling as desired onto pancake, roll up and serve with maple syrup



FROSTING *Mix*

24 OUNCE

This frosting mix is made with organic powdered cane sugar, Powdered Simple Sweet and other ingredients. You can use coconut oil instead of butter and almond milk instead of milk for dairy free frosting. The vanilla and chocolate frosting recipes are on the back of the frosting mix bag.

Vanilla Frosting

1 1/2 cup frosting mix
3 tablespoons butter softened
1 tablespoon water
1 1/2 teaspoon vanilla

1. Beat for 3 minutes

Ingredients:

Organic Powdered cane sugar, organic erythritol, organic tapioca flour, organic stevia, xanthan gum, himalayan pink salt

