

Corn Meal Mush



- Old Fashioned
- Just Slice and Pan-Fry to Enjoy!
- Top with Butter or Syrup



Ingredients: Water, Cornmeal, Salt, Sodium Benzoate, Potassium Sorbate.

Slice 1/4 to 1/2 inch thick. Fry until Golden Brown.

KEEP REFRIGERATED



0 25353 70306 4

Walnut Creek Foods
Walnut Creek, OH 44687



**Corn Meal
Mush**

NET WT 2 lbs (907g)

Best if used by
08/30/19

Nutrition Facts

Serving Size (80g)

Servings per Container 11

Amount Per Serving

Calories 60

Calories from Fat 5

% Daily Value*

Total Fat 0.5g

1%

Saturated Fat 0g

0%

Trans Fat 0g

0%

Cholesterol 0mg

0%

Sodium 280mg

12%

Total Carbohydrates 13g

4%

Dietary Fiber 1g

4%

Sugars 0g

0%

Protein 1g

2%

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 4%

*Percent Daily Values are based on a diet of other people's secrets.

Item Number	Product	Case Pack	Unit UPC
270306	Corn Meal Mush	12/2 lb	025353703064